

**To:** 'all.families@stpaulschool.ca'  
**Cc:** 'staff@stpaulschool.ca'; 'Parish St. Paul (Richmond)'  
**Subject:** Thursday Letter



Dear Parents,

Track and Field season has started and that means lots of practices! Whether it's early mornings at Minoru, lunch time on the grass field, or after school at Palmer, our athletes and coaches are busy! Thank you, parents, for your part in getting your child to and from practices and helping them remember what they need for both practice and the school day. Go Crusaders!

Yours in faith,

Maureen Griffin  
Principal



Living,  
Celebrating, &  
**PROCLAIMING**  
**OUR FAITH**

*A free-range childhood is more likely to produce confident, competent young adults, with lower levels of anxiety, than is a childhood rules by safetyism, fear, and constant adult supervision. ~*  
Jonathan Haidt, The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness.



**Important Parent Meeting for Gr. 4, 5, 6, & 7 – May 5<sup>th</sup> at 7:00 pm** in your child's classroom. Dr. Julia Sadusky will present this year's content for the *Human Growth and Development curriculum*. At least one parent from each family is expected to attend and attendance will be taken. Please see attached letter for further details. **\*\*This evening is only for parents who have children in Gr. 4, 5, 6, & 7.**

**Calling all Gr. 5, 6 and 7s!** – St. Paul Spirit Youth Ministry is hosting a Spirit Night this Friday. Spirit is a parish youth ministry for students in Grades 5–7. Spirit nights are a great opportunity for young people to build friendships, have fun, and grow in faith in a welcoming and supportive environment. "Nite in the Shadows" will take place **this Friday, May 1<sup>st</sup> from 7:30–9:00 PM** in the parish centre. The evening will feature interactive challenges, games, snacks, and prizes. Bring a friend and join us!

**Welcome Ms. Kaushal** – You may have noticed a new face on staff! We welcome Ms. Kaushal to our Education Assistant team.

**St. Patrick's Secondary Chamber Choir** – They're back! Join us on Tuesday May 5<sup>th</sup> at 9:00 AM in the gym to enjoy a performance from the St. Patrick's Chamber choir.

**Gr. 2 Family Mass** – May 2<sup>nd</sup>. 5:00 pm in the church.

**Gr. 2 Parent Meeting** – May 6<sup>th</sup>. 6:45 pm.

**School Assembly** – Tomorrow. 9:00 in the gym. Gr. 4 & 2 to lead. Wheel spin!

**School Mass** – Thursday, May 7<sup>th</sup>. 9:15. Gr. 3 to lead.

**Hot Lunch** – May 1<sup>st</sup> – Fukuroku. May 4<sup>th</sup> – Yummy Pizza. May 8<sup>th</sup> – Triple O's.

**No School** – Friday May 15<sup>th</sup> (Professional Day) and Monday May 18<sup>th</sup> (Victoria Day).

**Taking photos/video during school Masses** - We love when parents and grandparents join us for school Masses, however, to keep the focus on the sacredness of the Mass, **we kindly ask parents and grandparents not to take photos or video**. This allows everyone to remain fully present in the reverence of the Mass. It also helps protect the privacy of other students whose families may not wish for them to be photographed.

**Calendar Updated!** – The 2025/2026 school calendar is updated with dates for professional days, dates for school holidays, etc. The calendar can be accessed through the school website at [www.stpaulschool.ca](http://www.stpaulschool.ca). \*Please note dates can change, so check often.

**Follow us on Instagram!** - [st.paul.school.richmond](https://www.instagram.com/st.paul.school.richmond).

**If your child will be away** – A reminder to please email the school ([absent@stpaulschool.ca](mailto:absent@stpaulschool.ca)) and the teacher if your child is sick. This needs to be done *each day your child is away*. *This also includes late arrivals and early pick-ups and please email before 8:30 AM*. Thank you.

**School Arrivals** – Please note that **classes begin at 8:45 AM**. Please make an effort to have your child arrive to school in time to be settled in the classroom by 8:45 and ready to learn. Thank you.



**When Parents Have Concerns** – If at any time you have a concern regarding your child, a school event, a staff member, or an incident that happened, we ask that you please come and speak with your child’s teacher. The only way that concerns can be effectively resolved is through open communication between home and school, resulting in accurate information being shared, and an informed understanding of your concern.

**When your Child is Sick** – In anticipation of cold and flu season, we’d like to remind parents to be prudent when it comes to deciding when to keep your child home, or when to send him/her to school if he/she has just recovered from being ill. Some basic guidelines are as follows: 24 hours after temperature returns to normal, or after gastrointestinal illness (vomiting/diarrhea); contagious infections such as suspected pink eye or strep throat; unexplained skin rash; severe cough and cold symptoms. Exercising proper hand-washing techniques is also crucial to helping prevent the spread of viruses. This will go a long way to keep our student and staff population happy and at school.

**Birthday Celebrations** – If you wish to have your child share a special treat with the class on his/her birthday, you are welcome to send **a small allergen-free treat** that the teacher can hand out at the end of the day. We now have **30 students** who carry Epi-Pens for food-related allergies, so all treats must be free of allergens according to our school policy on anaphylaxis. Please help us keep all our students safe.

St. Paul School acknowledges that the land on which we work, learn, and play is the unceded territory of the Coast Salish Peoples, including the territories of the xʷməθkʷəy̅əm (Musqueam), and Skwxwú7mesh (Squamish) Nations.

