

To: all.families@stpaulschool.ca
Cc: staff@stpaulschool.ca; Parish St. Paul (Richmond)
Subject: Thursday Letter



Dear Parents,

It was wonderful this morning to celebrate our first day of Lenten morning Masses. As a parent of three children myself, I know what it takes to get the family out the door on time in the morning. Mine are young adults now, but those memories of taking them all to work with me at Sacred Heart are not too far off. The wonderful showing of students this morning tells me that St. Paul's is a community whose spirituality is of vital importance, and whose parents can pride themselves in making their family faith life a priority.

Lent is a time to open our hearts a little wider and understand our Lord a little deeper. Reflection on the sacrifice our Lord made for us, complete with fasting, penitence and almsgiving, allows us to contemplate our own heart and point us to the hope of the Resurrection. As the weeks go by, together with Father Smith and Father Felix, we will make our Lenten journey towards that joyous celebration on Easter Sunday.

Yours in faith,

Maureen Moorehead
Principal



"Lent comes providentially to awaken us, to shake us from our lethargy."
Pope Francis

LENT



Daily Health Check – Families are reminded to perform a daily health check each morning before coming to school. You can find the health check link [here](#).

Daily Lenten Masses for all Students - All students are asked to attend daily morning Mass at **8:15 AM** throughout Lent. Teachers will be present for supervision, and students will sit together at the front of the church.

Gr. 2 Parent Meeting for Sacramental Preparation - Wed. Mar. 1st at 6:45 PM.

Gr. 2 Family Mass for Sacramental Preparation - Saturday, Mar. 4th. 5:00 PM.

Hot Lunch Serving - Friday, March. 3rd. Fukuroku.

Gr. 7 to Whistler - Friday, March 3rd.

School Assembly – **There will be no more assemblies until after Lent.**

If your child will be away – A reminder to please email the office and the teacher if your child is sick. This needs to be done each day your child is away, and please email before 8:30 AM. Thank you.

Late Arrivals to School – Please note that **instruction in the classroom begins at 8:45 AM**. We have a number of students arriving late to school on a daily basis, so we ask our families to make an effort to have your child arrive to school in time to be settled in the classroom by 8:45 and ready to learn. Thank you.

Rainy Days – Like last year, we will continue with students going outside for recess, **regardless of inclement weather**. A reminder to ensure your child is dressed for the possibility of wet weather every day, as they go outside for recess rain or shine. Extra socks are handy to have in the backpack.



When Parents Have Concerns – If at any time you have a concern regarding your child, a school event, a staff member, or an incident that happened, we ask that you please come and speak with your child’s teacher. The only way that concerns can be effectively resolved is through open communication between home and school, resulting in accurate information being shared, and an informed understanding of your concern.

Planning the school year? –If you are looking for professional days, dates for school holidays, etc., our online calendar is updated to June 2021. The calendar can be accessed through the school website at www.stpaulschool.ca.

When your Child is Sick – In anticipation of cold and flu season, we’d like to remind parents to be prudent when it comes to deciding when to keep your child home, or when to send him/her to school if he/she has just recovered from being ill. Some basic guidelines are as follows: 24 hours after temperature returns to normal, or after gastrointestinal illness (vomiting/diarrhea); contagious infections such as suspected pink eye or strep throat; unexplained skin rash; severe cough and cold symptoms. Exercising proper hand washing techniques is also crucial to helping prevent the spread of viruses. This will go a long way to keep our student and staff population happy and at school.

Birthday Celebrations – If you wish to have your child share a special treat with the class on his/her birthday, you are welcome to send **a small allergen-free treat** that the teacher can hand out at the end of the day. We now have **30 students** who carry Epi-Pens for food-related allergies, so all treats must be free of allergens according to our school policy on anaphylaxis. Please help us keep all our students safe.

St. Paul School acknowledges that the land on which we work, learn, and play is the unceded territory of the Coast Salish Peoples, including the territories of the xʷməθkʷəṽəm (Musqueam), and Skwxwú7mesh (Squamish) Nations.



First
SUNDAY
IN
LENT