

Christine Ong

To: all.families@stpaulschool.ca
Cc: staff@stpaulschool.ca; St. Paul Parish Richmond
Subject: Thursday Letter
Attachments: Building Resilience In An Age Of Anxiety - St Pauls.pdf

Importance: High

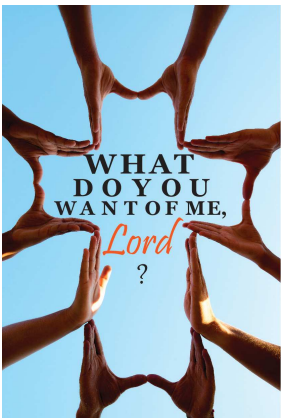


Dear Parents,

The month of June is upon us and in a few short weeks we will close on another year at St. Paul School. Our Gr. 7 students, and some families, will be leaving us, and we will be welcoming a new batch of Kindergarten students and families. As we wind down the school year, I'd like to take a moment to thank you, the parents, for your continued support of your child, the school, and Catholic education. The CISVA is a tight-knit community, and if one thing can be said for all our schools, it's the dedicated parents who are the cornerstone of each community. By choosing Catholic education you are ensuring a faith-based education for your child, with the intent of helping them grow in the glory and knowledge of God. Knowing this, the staff members of St. Paul's endeavour to provide the highest quality learning experience that is grounded in a Catholic world view, and supportive of all children. How lucky we are to have this opportunity!

Yours in faith,

Maureen Moorehead
Principal



"Wherever there are dreams, there is joy. Jesus is always present." Pope Francis.



Power Point from Stress and Anxiety Parent Education Evening – For those that attended the parent education evening with Clinical Counsellor PJ Lewis on Stress and Anxiety, attached is the power point that was presented. Even if you didn't attend the evening, the power point has a great deal of useful information for recognizing and managing stress and anxiety in our children.

Assembly Tomorrow – Gr. 4 & 1 to lead. 9:00 am in the gym.

Next School Assembly – Friday, June 14 . Gr. 6 & K to lead.

Next Hot lunch Serving – Mon. June 3rd.

CISVA Track Meet – Day 2 – Wed. June 5th. See PE blog for details.

Fukuroku Hot Lunch – Thursday, June 6th.

No School – Friday, June 7th. Professional Day.



Sunday, July 28th , from 1pm to 5pm

Parish Picnic Volunteers Needed – Have you ever wanted to make cotton candy? Volunteers are needed for the 8th Annual Parish Picnic . **One hour of your time** is needed for this fun event that will feature a BBQ lunch, tasty treats, carnival games, inflatables, and much more! If you are able to offer an hour of your day, please contact **BK Kwee** at bkwee@stpaulschool.ca .



Dress Shoes only for uniform – It has been noted that some students are wearing black running shoes with their uniform. A reminder that uniform shoes, according to our uniform policy, must be **“Dress shoes with good support. No running shoes, no sandals, no heels.”** Thank you.

“Old” Uniform ends as of June 2019: When we moved to our new uniform company in 2017, Top Marks, it was communicated to all parents that there would be a two year grace period where students could wear the “old” St. Paul uniform (sweaters with yellow arm bands and polo shirts with old school crest.) **A reminder that as of Sept. 2019, ALL students in Gr. K to 6** will be required to wear the “new” Top Marks uniform. **(Please note this does NOT apply to tunics and kilts as the old and new are similar enough.)** The ONLY class permitted to wear the “old” uniform next year will be the Gr. 7 class (this year’s Gr. 6 students.) ALL OTHER students will be expected to wear the “new” uniform. **We give you this reminder now so you can think ahead for any new uniform pieces that need to be acquired for next September.**

Planning the school year? – If you are looking for professional days, dates for school holidays, etc., our online calendar is updated to June 2019. The calendar can be accessed through the school web site at www.stpaulschool.com.

When Parents Have Concerns – If at any time you have a concern regarding your child, a school event, a staff member, or an incident that happened, we ask that you **please come and speak with your child’s teacher**. The only way that concerns can be effectively resolved is through open communication between home and school, resulting in accurate information being shared, and an informed understanding of your concern.

When your Child is Sick – In anticipation of cold and flu season, we’d like to remind parents to be prudent when it comes to deciding when to keep your child home, or when to send him/her to school if he/she has just recovered from being ill. **Some basic guidelines are as follows:** **24 hours** after temperature returns to normal, or after gastrointestinal illness (**vomiting/diarrhea**); contagious infections such as suspected **pink eye or strep throat**; unexplained **skin rash**; **severe cough and cold** symptoms. Exercising proper hand washing techniques is also crucial to helping prevent the spread of viruses. This will go a long way to keep our student and staff population happy and at school.

Birthday Celebrations – If you wish to have your child share a special treat with the class on his/her birthday, you are welcome to send **a small allergen-free treat** that the teacher can hand out at the end of the day. We now have **30 students** who carry Epi-Pens for food-related allergies, so all treats must be free of allergens according to our school policy on anaphylaxis. Please help us keep all our students safe.

