### Steps for the Sacrament of Reconciliation



Name: \_\_\_\_\_

#### Kneel

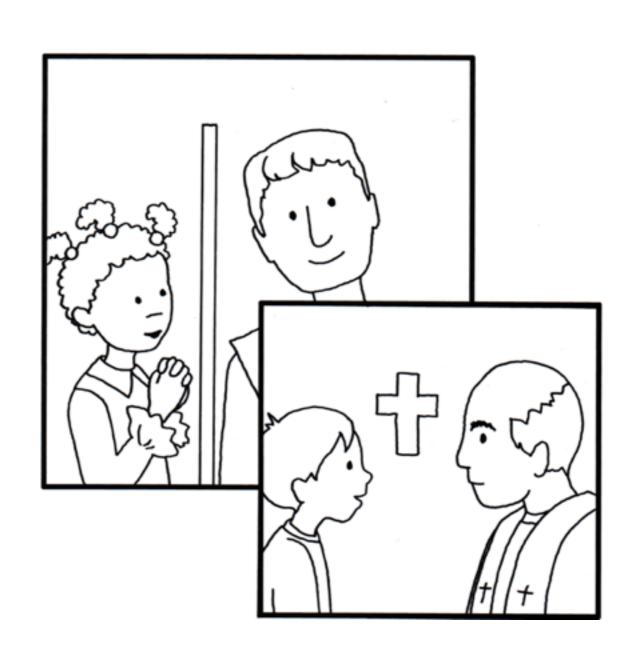
Make the Sign of the Cross (out loud)



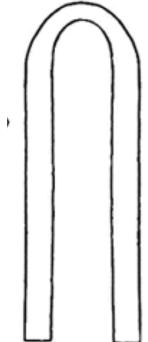
Say, <u>Bless me, Father, for I have sinned.</u>

This is my first Confession.

### Say, "These are my sins..."



# Listen to the priest as he gives you your penance.



Say the Act of Contrition:

"God, our Father,

I love you with all my heart.

I am sorry for all the wrong things I have done. I am sorry for all the good things I have not done.

With your help I will not sin again.

Amen."

# Listen to the priest give you Absolution. Say "Amen."



At the end, say, <u>"Thank you Father."</u>

Do your penance.

Say a prayer to praise and thank God.

