Christine Ong

To: all.families@stpaulschool.ca

Cc: all.staff@stpaulschool.ca; St. Paul Parish Richmond

Subject: Thursday Letter

Importance: High



Dear Parents,

The Advent season is soon upon us, beginning with our Advent assembly next Friday, Dec. 1st. We too often equate Advent with Christmas, when in fact we need to distinctly separate the time of patient waiting and preparation for our Saviour, from the joy when we can fully receive Him on Christmas day. The school will be busy with classroom activities, preparations for the concert, service projects, celebrations, and general merriment; so much activity in a time of quiet, prayer-filled reflection. Each Sunday of Advent provides a different focus to help centre us and keep us focused on the message of the Advent season. We look forward to welcoming this beautiful message with wide-open hearts.

Yours in faith,

Maureen Moorehead Principal



"Love begins at home, and it is not how much we do... but how much love we put into that action." Mother Teresa



Hot Lunch - Monday, Nov. 27th.

Assembly – Tomorrow. Gr. 5 & 2. 9:00 am in the gym.

<u>Dress Down Day</u> – Favourite Team Spirit Wear! Tomorrow! Wear your favourite professional jersey, community sport team, or your St. Paul Spirit Wear. <u>Don't forget your toonie (\$2)</u> in support of our sponsor child, Thomas, through the Chalice organization.

<u>Next Week's Assembly</u> – Please join us for our Advent assembly with the blessing of the classroom wreaths. Gr. 4 & 1 to lead. 9:00 am in the gym.



Parent Workshop - Overcoming Stresses in Family Life by Mrs. Joy Jose

Stress is a given fact of life. Every family has nagging stressors – relationships, finances, parenting. When our peace and security are jeopardized, or when we live to survive rather than thrive, we become paralyzed. This workshop aims to help families build security from within so that they can handle stress without losing peace or losing sight of cultivating a Christian family life.

Location: St. Anthony of Padua School. 1345 West 73rd Ave. Date: Nov. 29th. 7:00 to 9:00 pm.

Joy is a Pastoral Counsellor from the Center for Family Ministries Loyola School of Theology. She has worked with families since 2003 in schools, parishes and the community as a counselor, educator, facilitator and presenter of various talks on marriage, family life and parenting. She currently works as a cultural and linguistic bridge for Filipino families in the Vancouver School Board.



<u>When Parents Have Concerns</u> – If at any time you have a concern regarding your child, a school event, a staff member, or an incident that happened, we ask that you <u>please come and speak with your child's teacher</u>. The only way that concerns can be effectively resolved is through open communication between home and school, resulting in accurate information being shared, and an informed understanding of your concern.

<u>Planning the school year?</u> – If you are looking for professional days, dates for school holidays, etc., our online calendar is updated to June 2018. The calendar can be accessed through the school web site at www.stpaulschool.com.

When your Child is Sick — In anticipation of cold and flu season, we'd like to remind parents to be prudent when it comes to deciding when to keep your child home, or when to send him/her to school if he/she has just recovered from being ill. Some basic guidelines are as follows: 24 hours after temperature returns to normal, or after gastrointestinal illness (vomiting/diarrhea); contagious infections such as suspected pink eye or strep throat; unexplained skin rash; severe cough and cold symptoms. Exercising proper hand washing techniques is also crucial to helping prevent the spread of viruses. This will go a long way to keep our student and staff population happy and at school.



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