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THIRTEEN R3ASONS

WHY

PA4ENTS SHOULD KNOW MORE

ABOUT TEENS IN DISTRESS

With the rising popularity of this online series (13 Reasons Why), issues around suicide prevention, self-harm, and bullying have been on people's minds. Clinical Counsellor PJ Lewis will address what you should know and how to talk to your teens. What signs to look for? How to approach teens about self-harm or cutting? What resources are available in our community to support teens and families?

At St. Ann's Parish, Abbotsford, Wednesday, May 24, 2017 from 7-9 p.m. Open to all parents, care givers, teachers, and concerned community members. Admission is free. For event registration: click here.